

Life Skills Program

Two Paws Up utilizes a force-free, positive reinforcement approach to training as recommended by the major veterinary associations including the American Veterinary Society of Animal Behavior. We strongly believe training your dog in a positive, cooperative way enhances your relationship with your dog and helps ensure a long and happy life together. Our positive reinforcement methods of training make use of Shaping **and the** Premack Principal (or Grandma's Rule) to achieve desired behaviors.

Our Life Skills Program is composed of four levels. At each level, lessons include a variety of exercises addressing these skills and behaviors:

- ✓ Focus & Reorientation on Handler
- ✓ Sit (stay) with Release
- ✓ Down (stay) with Release
- ✓ Loose Leash Walking
- ✓ Recall

Each level has specific goals and criteria for proceeding to the next level

Level One Goals:

- ✓ quick response to name
- ✓ reorientation to owner
- ✓ foundation skills of sit, down, recall and loose leash walking are started

Criteria for moving from Level One to Level Two:

- ✓ Dog must respond to his name with mild instructor distraction on 1 cue
- ✓ Dog must be able to sit (with an implied wait/stay) for minimum of 10 seconds on owner's left side, right side, and in front of owner
- ✓ Dog must be able to lie down on cue with a minimum of 10 seconds duration
- ✓ Dog must be able to walk nicely on a loose leash at least 6 feet
- ✓ Dog must be able to work in class without barriers

Use of food rewards is permissible for all exercises

Level Two Goals:

- ✓ increasing duration for Stay
- ✓ increasing distance on Recall (Come When Called)
- ✓ increase distractions on name recognition/orientation to owner
- ✓ fading of food lures and overt body language cues

Criteria for moving from Level Two to Level Three:

- ✓ Dog must respond to his name with mild instructor distractions on 1 cue
- ✓ Dog must be able to sit and stay for 15 seconds in front and at handler's sides without the use food lure

- ✓ Dog must be able to lie down and stay for 15 seconds in front and side positions without a food lure
- Dog must be able to walk on a loose leash (no tension in leash) for at least 10 feet, and past
 2 other dogs in class, food lure permissible
- ✓ Dog must be able to come directly to owner from 10 feet away with other dogs in class *In level 2, we are working towards fading food lures from cues the dog already knows*

Level Three Goals:

- ✓ Increased distractions and duration of behaviors.
- ✓ Strengthening of stay and recall.
- ✓ Begin foundation work for AKC Canine Good Citizen Test.

Criteria for moving from Level Three to Level Four:

- ✓ Dog must be able to respond to his name on 1 cue with owner at least 6 feet away
- ✓ Dog must be able to sit at side on verbal or hand signal, with no additional torso/body language cue from owner
- ✓ Dog must be able to lie down on verbal or hand signal, with no additional torso/body language cue from owner
- ✓ Dog must be able to complete a 30 second sit-stay, and a 30 second down-stay, next to owner
- ✓ Dog must be able to walk on a loose leash (no tension in leash) across the room without food lure (mark/reward is permissible)
- ✓ Dog must be able to come directly to owner from 20 feet away past other dogs in class
- ✓ Dog must be able to work without barking at other dogs

Marking correct behavior and rewarding is allowed and encouraged!

Level Four Goals:

- ✓ Work on exercises leading to the AKC Canine Good Citizen Assessment while reducing food rewards and training aids (head halters, no-pull harnesses)
- ✓ introduction to off leash work
- ✓ strengthen basic obedience cues while dogs work close to one another

We do not allow the use of leash corrections or encourage using the leash to "cue" a behavior. An example of this would be pulling or popping up on the leash when asking your dog to sit or standing on the leash while the dog is down. Doing so can limit your ability to graduate from one level to the next.

Important Points:

- Progression to the next level requires approval of the instructor.
- You MUST register for each session you wish to attend. You may register online or contact us to register. We limit our classes to 6 dogs to optimize learning opportunities. You will receive a verification email approximately 24 hours prior to each class you sign up for. If you do not receive an email and think you should have, please call Two Paws Up or email the instructor of that class. If you attend a full class and are not on the attendance list you may be asked to work outside of the ring gates or, in some cases, asked to leave.

Signing Up for a Life Skills Package and Classes

1. Visit our website - https://twopaws-up.com/

Click on the "Login" in the menu and then click on "Client Registration Portal".

Are	you new to Two Paws Up Dog Training? Check out our New Stud	dent Orientation!
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Home - Services - Classes - Private Tra	ining Drop Off Training 👻 Events 👻 Calendar Contac	tt Us Blog Login -
номе		Client Registration Portal e-Learning Academy
Welcome to Northsh	nore's premiere force-free	

Two Paws Up Dog Training, Inc., was created to fill the need for positive reinforcement based, force-free training in Chicago's northern suburbs. Located conveniently in Lake Bluff, between I-294 and Waukegan Road, in the Don Fiore building, we offer a large variety of classes with flexible scheduling to accommodate our client's needs.

2. This will take you to our registration site.

Once there you may login using your email address and password.

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Classes I	Events	Private	Packages	
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Email:				New Client? Create your account.
Email: Password:				New Client? Create your account. Forgot or don't have a password?

3. This will take you main account page.

Once there, click on the "Classes" tab in the menu bar.

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4. This will take you to our list of available classes.

Scroll down until you find the section for "Life Skills Classes". Click on the 'Sign-Up' button to the right of the class you wish to register for.

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Friday 4/23/2021 @ 12:00 PM at Two Paws Up Training Center with Rebecca Simon	4 spots remaining
c) Life Skills (Flex) Classes	
Focused Flex (Life Skills)	Sign-Up
Thursday @ 4:15 PM at Two Paws Up Training Center with Stephanie Challand	Open Registration
Life Skills (Flex 1) - A.A. Level – Back to Basics	Sign-Up
Tuesday @ 5:30 PM at Two Paws Up Training Center with Emma McGowen	Open Registration
Life Skills (Flex 1) - A.A. Level – Back to Basics	Sign-Up
Wednesday @ 10:30 AM at Two Paws Up Training Center with Rebecca Simon	Open Registration
Life Skills (Flex 1) - A.A. Level – Back to Basics	Sign-Up
Thursday @ 3:00 PM at Two Paws Up Training Center with Stephanie Challand	Open Registration
Life Skills (Flex 1) - A.A. Level – Back to Basics	Sign-Up
Thursday @ 4:00 PM at Two Paws Up Training Center with Jennifer Stewart	Open Registration

5. This will take you to the registration page for that class.

Select the dog and the date you are registering for and click the "Continue" button. **BE SURE TO SELECT 'YES' TO USE A PACKAGE CREDIT.**

TWO PAWS Up Dog Training TRUST-RESPECT-LOVE				
Classes Events Private Pack	ages			
You are registering for:	Life Skills (Flex 1) - A.A. Level – Back to Basics - Tuesday @ 5:3	0 PM		
Select your Dog:	Leevi	~		
Select start date:	2/16/2021	~		
Would you like to use your credit?	● Yes ○No	Cancel Continue		
Dog Business Software powered by DogBizPro				

6. This will take you to the next page containing a registration form.

On this page fill in the required information and click the "Continue" button again.

7. This will take you to the checkout page.

If You have a current Life Skills Package you should not have to pay anything. Be sure to complete your registration by clicking the "Complete Registration...." Button. If you do owe, you can pay with PayPal or a credit card via PayPal online or bring your payment to class.

If you have any questions at all, please contact us! info@twopaws-up.com | 847-235-2263